

Play Like A Champion Sport Parent Focus: Code of Conduct

As sport seasons kick off at the beginning of the school year, it is important for parents to remember a holistic approach to helping their children develop into Champions both on and off the field. Today, we present a Sport Parent Code of Conduct that can serve as a guide for parents. Read through this Code carefully and embrace it personally. Then, work as a member of your school community to help coaches and other parents to abide by it.

1. I will be positive and support my child in his/her individual sport journey.

2. I will not force my child to play sports.

3. I will remember that sports are games meant to be played by and for the kids.

4. I will accept that my child plays sports for his/her enjoyment, not for mine.

5. I will be realistic in my expectations for my child in sports.

6. I will encourage my child in the GROW model of developing as an athlete

- *I will help him/her to set goals.*
- *I will help him/her foster positive relationships on her team.*
- *I will ensure that he/she has an opportunity to make his/her own decisions in athletics.*

I will guide him/her in winning and losing gracefully.

7. I will help my child grow with the cardinal virtues through sports (Prudence, Justice, Fortitude and Temperance).

8. I will live by the cardinal virtues in my own behavior/attitude at sporting events.

9. I will help my child feel like a Champion by offering fair praise and constructive feedback.

10. I will support a nurturing sideline environment.

11. I will applaud good play, by both my child's team and opponents.

12. I will respect the game officials and their decisions, understanding their task is challenging.

13. I will respect and show courtesy to my child's coaches at all times.

14. I will commit to ensuring my child's coach follows the standards of Christian coaching and acts as a youth minister for my child in his/her sporting experience.

Committing to becoming a Champion is not just for our kids – Parents too can be Champions in their approach to youth sport. Play and Parent Like A Champion Today!

"For a Christian, everything can and should become a prayer.

If we do everything for God, then everything becomes a prayer."

Adele de Batz de Tren-

quelleon, 1815

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